

A special message to Physician partners

As treatment options expand, caring for persons with HIV takes on new and dynamic dimensions. We welcome this opportunity to collaborate with you as your clients explore healthier parenting options.

In working with HOPE, you are partnering with:

The Children's Hospital Immunodeficiency Program (CHIP)

CHIP has operated as a Pediatric AIDS Clinical Trials Group Unit since 1992. The program provides consultative or direct management services for the majority of expectant mothers with HIV throughout Colorado.

University of Colorado Denver

The Infectious Disease Group Practice has been an Adult AIDS Clinical Trials Unit since 1990. It offers comprehensive, multidisciplinary adult services to clients in the Denver metro area and hosts satellite clinics throughout Colorado. The Women's Comprehensive Care Program within the practice provides specialized care for HIV-infected women.

Specialists in Maternal Fetal Medicine and Infectious Disease Care from the Department of OB/GYN offer comprehensive obstetric services for complex pregnancy care.

Please contact us if we can be of assistance.
(720) 777-8233 or (800) 624-6553 x8233



The Children's Hospital
13123 East 16th Avenue
Aurora, Colorado 80045

8035
Attn: HOPE Coordinator

HOPE:

Healthier
Options *for the*
Parenting
Experience

A care and consultation
program for persons with HIV

chip
The Children's Hospital
Immunodeficiency Program

University of Colorado Denver

If you are living with HIV and considering parenthood...

you're about to make some of the most important decisions of your lifetime. Having accurate medical information and positive personal support can help you feel more confident in your decisions now and result in far better outcomes *later*.

That's why we started HOPE—**Healthier Options for the Parenting Experience**. Our mission is to help people with HIV explore all facets of expanding their families. We provide consultation and care in collaboration with the referring provider to help people affected by HIV to make the best choice about becoming parents.

HOPE Expertise

HOPE's multidisciplinary team looks at the health issues specific to you, your partner and—if pregnancy is possible—your baby. The only program of its kind in the Rocky Mountain region, HOPE offers the expertise of physicians, nurse practitioners, clinical social workers, pharmacists and more. All have extensive knowledge of HIV and pregnancy management, and all are committed to helping you in your parenting journey.

Taking Care

The very fact that you are hoping to have a child says much about the advances made in HIV care. However, with any serious, chronic disease, special care is in order when pregnancy, conception and parenting are concerned.

HOPE offers you:

- **Medical Care.** The HOPE physician you see will assess your health condition and that of your partner. She or he will design an HIV management plan, for the infected family member/s, that is effective in controlling HIV infection and conducive to conception. You and your primary care physician will also be involved in creating this plan, and it will be specifically tailored to your lifestyle. The goal we share from the start is to help you enter pregnancy thoroughly informed and in the safest way possible. If intervention is needed to maximize safety and promote conception, you will be referred to a reproductive specialist.
- **Counseling.** You will also meet with a supportive HOPE social worker who is experienced in both perinatal and HIV concerns. This counselor/advocate will help you and your partner explore financial, emotional and support systems available to assist you. If appropriate, she or he can refer you to other resources.
- **Alternatives.** Adoption and the use of donor sperm are among the possibilities available to persons living with HIV. HOPE offers counseling and a direct connection to adoption agencies that are open to and supportive of this alternative. Again, everyone linked to the HOPE program supports your desire to parent.

Connecting with HOPE

We welcome the opportunity to tell you more about HOPE services.

Call us: (720) 777-8233

(800) 624-6553 x8233

English or Spanish

Facts you should know before becoming pregnant:

- When HIV-positive women receive appropriate drug therapy during pregnancy and delivery, the rate of mother-to-child HIV transmission can be less than 1 in 100.
- Since not all anti-HIV drugs are safe during pregnancy, optimizing therapy before pregnancy can be extremely important.
- There are methods to promote pregnancy while reducing your partner's risk of infection.